

St. Mary's Catholic Primary School

RSE Curriculum Map



Core Theme	Created and Loved by God				Created to Love Others			Created to Live in the Community	
Topic	Religious Understanding	Me, my body, my health	Emotional well-being	Life cycles	Religious Understanding	Personal relationships	Keeping Safe	Religious Understanding	Living in the Wider World
Key Stage 1 Year 1/2	Story Sessions: Handmade With Love (Kester's Adventures) Outcomes: *We are created individually by God; *God wants us to talk to Him often and treat Him as our best friend; *God has created us, his children, to know, love and serve Him in this life and forever- this is our purpose and goal and will bring us true happiness; *We are created as a unity of body, mind and spirit. We can give thanks to God in different ways.	Session 1: I Am Unique Outcome: *To learn that we are unique, with individual gifts, talents and skills. Session 2: Girls and Boys Outcomes: *Our bodies are good *The names of the parts of our body Girls and boys have been created by God to be both similar and different	Session 1: Feelings, Likes & Dislikes Outcomes: *That it is natural for us to trust one another *That we all have different likes and dislikes, but similar needs. *To be able to describe our feelings Session 2: Feelings inside & Out Outcome: *To have a basic understanding that feelings and actions are two different things.	Session 1: The Cycle of Life Outcome: *To know and appreciate that there are natural life stages from birth to death, and what these are.	Session 1: God Loves You Outcome: *We are part of God's family *Saying sorry is important and can mend friendships *Jesus cared for others and had expectations of them and how they should act *We should love other people in the same way God loves us.	Session 1: Special People Outcome: *To identify 'special people' *The importance of nuclear and wider family *The importance of being close to and trusting special people and telling them if something is troubling them. Session 2: Treat Others Well Outcomes: *How their behaviour affects other people. *The characteristics of positive and negative relationships *Different types of teasing and that all bullying is unacceptable.	Session 1: Keeping Safe Outcome: Children will answer questions to know what is and isn't safe online; Children will know who they can go to, to talk about anything they feel uncomfortable about. Session 2: Good Secrets/Bad Secrets Outcomes: *The difference between 'good' and 'bad' secrets and that they can and should be open with 'special people' they trust	Session 1: Trinity House Outcome: *That God is love: Father, Son and Holy Spirit; *That being made in his image means being called to be loved and to love others. Session 2: Who is my Neighbour? Outcomes: To know what a community is, and that God calls us to live in community with one another To understand scripture illustrating Jesus' teaching on who is my neighbour.	Session 1: The Communities We Live In Outcome: *That they belong to various communities such as home, school, parish, the wider local community, nation and global community *That they should help at home with practical tasks such as keeping their room tidy, helping in the kitchen etc *That we have a duty of care for others and for the world we live in (charity work, recycling etc.)

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							*How to resist pressure when feeling unsafe.		
		Session 3: Clean&Healthy Outcomes: <i>*That it is natural for us to relate to and trust one another</i> <i>*That we all have different likes and dislikes, but also similar</i> <i>*To be able to describe our feelings</i>	Session 3: Super Suzie get Angry Outcomes: <i>Simple strategies for managing feelings and for good behaviour;</i> <i>That choices have consequences; that when we make mistakes we are called to receive forgiveness and to forgive others when they do;</i> <i>That Jesus died on the cross so that we would be forgiven.</i>			Session 3: ...and Say Sorry Outcomes: <i>To recognise when they have been unkind and say sorry</i> <i>To recognise when people are being unkind to them and others and how to respond</i> <i>To know that when we are unkind to others, we hurt God also and should say sorry to him as well</i> <i>To know that we should forgive like Jesus forgives.</i>	Session 3: Physical Contact Outcomes: <i>To know that they are entitled to bodily privacy</i> <i>To know that there are different people we can trust for help, especially those closest to us who care for us.</i>		
Lower Key Stage 2 Year 3/4	Story Sessions: Designed for a Purpose (Kester's Adventures) Outcomes: <i>*We are created individually by God who is Love, designed in His own image and likeness</i> <i>*God made us with the desire to be loved and to love</i>	Session 1: We Don't Have To Be The Same Outcomes: <i>*Similarities and differences between people arise as they grow and make choices, and that by living and working together, we create community</i>	Session 1: What Am I Feeling? Outcomes: <i>*That emotions change as they grow up</i> <i>*To deepen their understanding of the range and intensity of their feelings; that 'feelings' are not good guides for action</i>	Session 1 (Year 4): Life Cycles Outcomes: <i>*That they were handmade by God with the help of their parents</i> <i>*How a baby grows and develops in its mother's womb</i>	Story Session: Jesus, My Friend Outcomes: <i>*That Jesus loves, embraces, guides, forgives and reconciles us with him and one another</i> <i>*The importance of forgiveness and reconciliation in relationships, and some of Jesus'</i>	Session 1: Friends, Family and Others Outcomes: <i>*Ways to maintain and develop good, positive, trusting relationships</i> <i>*Strategies to use when relationships go wrong</i> <i>*That there are different types of relationships</i>	Session 1: Sharing Online Outcomes: <i>*To recognise that their increasing independence brings increased responsibility to keep themselves and others safe</i>	Session 1: Trinity House Outcomes: <i>*God is Love as shown by the Trinity – a 'communion of persons supporting each other in their self-giving relationship'</i> <i>*The human family is to reflect the Holy Trinity in mutual charity and generosity.</i>	Session 1: How Do I Love Others? Outcomes: <i>*To know that God wants His Church to love and care for others.</i> <i>*To devise practical ways of loving and caring for others.</i>

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	and 'to make a difference': each of us has a specific purpose (vocation) *Every human life is precious from the beginning of life (conception) to natural death *Personal and communal prayer and worship are necessary ways of growing in our relationship with God *In Baptism, God makes us His adopted children and 'receivers' of His love; by receiving the Sacrament of Reconciliation, we develop good habits *It is important to make a nightly examination of conscience.	*Self-confidence arises from being loved by God (not status, etc).	*What emotional well-being means *Positive actions help emotional well-being *Talking to trusted people help emotional well-being	including, scientifically, the uniqueness of the moment of conception *How conception and life in the womb fits into the cycle of life *That throughout their lives human beings act at three integrated levels: physical, psychological and spiritual.	teaching on forgiveness *That relationships take time and effort to sustain *We reflect God's image in our relationships with others: this is intrinsic to who we are and to our happiness.	including those between acquaintances, friends, relatives and family *That good friendship is when both persons enjoy each other's company and also want what is truly best for the other *The difference between a group of friends and a 'clique'.	*How to use technology safely *That just as what we eat can make us healthy or make us ill, so what we watch, hear, say or do can be good or bad for us and others *How to report and get help if they encounter inappropriate materials or messages		
	Session 2: Respecting Our Bodies Outcome: *To learn about the need to respect and look after their bodies as a gift from God		Session 2: What Am I Looking At? Outcome: *To recognise that images in the media do not always reflect reality and can affect how people feel about themselves.			Session 2: When Things Feel Bad Outcome: *Develop a greater awareness of bullying *That all bullying is wrong, and how to respond to bullying *To Learn about harassment and exploitation in relationships, including physical and emotional abuse and how to respond.	Session 2: Chatting Online Outcome: *How to use technology safely *That bad language and bad behaviour are inappropriate *That just as what we eat can make us healthy or make us ill, so what we watch, hear, say or do can be good or bad for us and others	Session 2: What is the Church? Outcome: *That the human family is to reflect the Holy Trinity in mutual charity and generosity *The Church family comprises of home, school and parish (which is part of the diocese).	

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Upper Key Stage 2 Year 5/6	Made to Grow (Kester's Adventures) Outcomes: <i>*Physically becoming an adult is a natural phase of life.</i> <i>*Lots of changes will happen when growing up, and sometimes it might feel confusing, but it is all part of God's great plan and the results will be worth it!</i> <i>*Like Kester, they were made to love and be loved.</i>	Gifts & Talents Outcomes: <i>*Similarities and differences between people arise as they grow and mature, and that by living and working together, we create community</i> <i>*Self-confidence arises from being loved by God</i>	Body Image Outcomes: <i>*To recognise that images in the media do not always reflect reality and can affect how people feel about themselves</i> <i>*That thankfulness builds resilience against feelings of envy, inadequacy, etc. and against pressure from peers or media</i>	Making Babies (Part 1) Outcomes: <i>*How a baby grows and develops in its mother's womb.</i>	Is God Calling You? Outcomes: <i>*To know that God calls us to love others.</i> <i>*To know ways in which we can participate in God's call to us.</i>	Under Pressure Outcomes: <i>*Pressure comes in different forms, and what those different forms are;</i> <i>*There are strategies that they can adopt to resist pressure.</i>	Sharing Online Outcomes: <i>*To recognise that their increasing independence brings increased responsibility to keep themselves and others safe.</i> <i>*How to use technology safely.</i> <i>*That just as what we eat can make us healthy or make us ill, so what we watch, hear, say or do can be good or bad for us and others.</i> <i>*How to report and get help if they encounter inappropriate materials or messages.</i>	Trinity House Outcomes: <i>*Children will know that God is Trinity - a community of persons</i> <i>*Children will know that the Church is the Body of Christ</i>	Reaching Out Outcomes: <i>*Pupils will learn to apply the principles of Catholic Social Teaching to current issues.</i> <i>*Pupils will find ways in which they can spread God's love in their community.</i>
		Session 2: Girls' Bodies Outcomes: <i>*That human beings are different to other animals</i> <i>*About the unique growth and development of humans, and the changes that girls will experience during puberty</i> <i>*About the need to respect their bodies as a gift from God to be looked after well, and dressed appropriately</i>	Session 2: Peculiar Feelings Outcomes: <i>*To deepen their understanding of the range and intensity of their feelings; that 'feelings' are not good guides for action.</i> <i>*That some behaviour is wrong, unacceptable, unhealthy or risky.</i>	Session 2: Making Babies (Part 2) Outcomes: <i>*Basic scientific facts about sexual intercourse between a man and woman</i> <i>*The physical, emotional, moral and spiritual implications</i>					

		<i>*The need for modesty and appropriate boundaries.</i> Session 3: Boys' Bodies Outcomes: <i>*That human beings are different in kind to other animals *About the unique growth and development of humans, and the changes that boys will experience during puberty *About the need to respect their bodies as a gift from God to be looked after well, and treated appropriately; *The need for modesty and appropriate boundaries.</i> Session 4: Spots and Sleep Outcomes: <i>*How to make good choices that have an impact on their health: rest and sleep, exercise, personal</i>	Session 3: Emotional Changes Outcomes: <i>*Emotions change as they grow up *To deepen their understanding of the range and intensity of their feelings; that 'feelings' are not good guides for action; *About emotional well-being: that beauty, art, etc. can lift the spirit; and that also openness with trusted parents/carers/teachers when worried ensures healthy well-being.</i> Session 4: Seeing Stuff Online Outcomes: <i>*The difference between harmful and harmless videos and images</i>	<i>of sexual intercourse</i> <i>*The Christian viewpoint that sexual intercourse should be saved for marriage.</i> Session 3: Menstruation Outcomes: <i>*About the nature and role of menstruation in the fertility</i>		Session 2: Do You Want a Piece of Cake? Outcomes: <i>*Understand what consent and bodily autonomy means *Discuss and reflect on different scenarios in which it is right to say 'no'.</i> Session 3: Self – Talk Outcomes: <i>*Learn about how thoughts and feelings impact on actions, and develop strategies that will positively</i>	Session 2: Chatting Online Outcomes: <i>*What the term cyberbullying means and examples of it *What cyberbullying feels like for the victim *How to get help if they experience cyberbullying</i> Session 3: Physical Contact Outcomes: <i>*To judge well what kind of physical contact is acceptable or</i>	Session 2: Catholic social Teaching Outcomes: <i>*Children will develop a deeper understanding of Catholic Social Teaching, so that pupils are growing to be: *Just, understanding that the way we live has an impact on others locally, nationally and globally *Self-giving, able to put aside their own wants for the common good, serving all of humanity and caring for creation *Equipped to calmly stand up for their faith, for friends and their community and for victims of injustice</i>	
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		hygiene, avoiding the overuse of electronic entertainment, etc.	<i>*The impact that harmful videos and images can have on young minds</i> <i>*Ways to combat and deal with viewing harmful videos and images</i>	<i>cycle, and that fertility is involved in the start of life</i> <i>*Some practical help on how to manage the onset of menstruation</i>		<i>impact their actions</i> <i>*Apply this approach to personal friendships and relationships</i>	<i>unacceptable and how to respond.</i> <i>*That there are different people we can trust for help, especially those closest to us who care for us</i>		
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