

Contact Us

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The RHE Curriculum



INFORMATION FOR PARENTS

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Your role as parents

Teaching at school will complement and reinforce the lessons you teach your child as they grow up. As this will be a statutory program, you cannot withdraw your child from Relationships Education. It is important that all children receive this content, covering topics such as friendships and how to stay safe.

As a school we would like to hear your opinion as this will help your us to decide how and when to cover the content of the statutory guidance. As a school, we are required to ensure that our teaching reflects the age and religious background of our pupils.

With this in mind, we would like you to complete the enclosed questionnaire and return it either via post or email (details are on the back of this booklet)

WE look forward to receiving these and working with you, however any decisions about the curriculum and policy will ultimately be up to the school.

Program Overview

The program is divided into three units (see table below) which all ensure that pupils learn how to foster healthy relationships and friendships in light of the wisdom of the Church.

Name of the unit	What it teaches
Created and loved by God	1. Education in virtue 2. Religious understanding of the human person: loving myself. 3. Me, my body and my health 4. Emotional wellbeing and attitudes 5. Life cycles and fertility
Created to love others	1. Individual's relationships with others 2. God is love. 3. We are created out of love and for love. 4. The command to love is the basis of all Christian morality.
Created to live in the community	1. Education in virtue 2. Religious understanding of the importance human communities 3. Living in the wider world

What is RSE?

RSE stands for Relationship and Sex Education and the Department for Education have made this a **statutory subject to be taught across all schools nationally from September 2020.**

Relationship Education

Relationships Education will put in place the building blocks needed for positive and safe relationships, including with family, friends and online.

Your child will be taught what a relationship is, what friendship is, what family means and who can support them.

In an age-appropriate way, we will cover how to treat each other with kindness, consideration and respect.

Therefore, by the end of primary school, pupils will have been taught content on:

- families and people who care for me
- caring friendships
- respectful relationships
- online relationships
- being safe

Health Education

Health Education aims to give your child the information they need to make good decisions about their own health and wellbeing, to recognise issues in themselves and others, and to seek support as early as possible when issues arise.

Therefore, by the end of primary school, pupils will have been taught content on:

- mental wellbeing
- internet safety and harms
- physical health and fitness
- healthy eating
- facts and risks associated with drugs, alcohol and tobacco
- health and prevention
- basic first aid
- changing adolescent body

(The science curriculum in all primary schools also includes content on human development, including reproduction, which there is no right to withdraw from.)

You can find further details by searching 'relationships, sex and health education' on GOV.UK.

Why is RSE important?

The world in which our children live in today is heavily influenced by celebrity culture and social media. They are constantly exposed to sexualized images through T.V advertisements and online platforms. RSE is a program that offers your child the opportunity to understand their value and the value of others through instilling them with confidence and self-esteem. The teachers will provide them with reliable, correct information in a safe learning environment. They will learn how to keep safe, how to cope with peer pressure, how to make sensible and informed decisions in a changing cultural climate and understand the positive impact of loving God, self, neighbour and our common home.

